Title: Who am I? A picture gallery

Exercise Code SLQUALED018

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| Modules: | Group size: | Duration: |
| 1. Social Learning8. Situational Awareness  | IndividualSmall groupLarge group | 60 min |

**Purpose:**

Get to know each other, find similarities, identification via a picture which reduces stress in connection with talking about oneself

# Description:

A large variety of pictures and fotos out of magazines that show various situations, emotions and people are put on a table to choose from.

* First Step: Each participant chooses one picture that he/she likes best or thinks suits best.
* Second Step: Like-minded persons with similar themes should be found among the participants. This developes into an exchange of similarities and preferences discovered on the basis of the pictures.
* Third Step: Each participant presents his/her picture to the whole group, explaining why he/she chose this specific picture, what it has to do with his/her person and which similarities he/she could find among the other group members. Then it is the other person’s turn with whom similarities had been identified.

# Material:

Various pictures, fotos out of magazines, journals, brochures

# Methods:

Experiental learning

# Source/Literature:

Modified and adapted from: Handbook Labour Office & Clients
Improving the Communication Between Labour Office Advisers and Their Clients
Úrad Práce, Dunajská Streda 2006