Title: Opposites or diversity?

Exercise Code SLQUALED013

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| Modules: | Group size: | Duration: |
| 1. Social Learning  8. Situational Awareness | Small group  Large group | 15 min |

**Purpose:**

This exercise offers the opportunity for participants to slip into roles they normally don’t have and to understand differences in roles, attributions, and attitudes.

# Description:

Participants move around the room accompanied by music. As soon as the music stops the trainer “separates” the room with her/his arms:

* participants on the one side are assigned one role,
* participants on the other side are assigned a contrary role with the task to get into contact with the other side non-verbally.

Possible roles: Men – women, handicapped people – not handicapped people, from this country – not from this country, female boss – male secretary, child – adult, female doctor – male doctor, mother with child – father with child, etc.

Discussion in the group (participants feedback and innerview).

# Material:

Enough space for all participants to walk around.

# Methods:

Role play, discussion

# Source/Literature:

Modified and adapted from: Handbook Labour Office & Clients  
Improving the Communication Between Labour Office Advisers and Their Clients   
Úrad Práce, Dunajská Streda 2006