Title: Foreign me

Exercise Code:

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| Modules: | Group size: | Duration: |
| 9. Intercultural dialog | Small group | 10 min |

# Purpose:

To increase the level of understanding in the presence of communicative difficulty/resistance

# Description:

People have language skills different than ours, and this may make it more difficult to understand what they are trying to tell us and then meet their needs.

The exercise is done in the following way :

* The trainer will choose from the group two people, "A" and "B";
* "A" will pretend to be an office information and will get out of the room with the trainer;
* In less than 2 minutes the rest of the participants will decide what "B" must ask "A" (the more complicated, the more effective the game);
* "A" will enter the room and will sit behind a desk, while "B" will sit in front of him/her;
* "B" will advance the request only using monosyllabic words " BLA - BLA - BLA ... " and body language;
* "A" will have 5 minutes to understand the request; the group will decide if successfully;
* " A" and "B" will switch roles;
* Then two other people are chosen so that everyone is involved.

# Material:

# 2 chairs and a table, a stopwatch

# Methods:

Experiential learning, role play, skills training

# Advice for Trainer:

The trainer will guide participants in the choice of the objective of the communication so that it is sufficiently challenging (neither too simple nor too complicated).

# Source/Literature:

Modified and adapted by LiberEta from: Winning Body Language: Control the Conversation, Command Attention, and Convey the Right Message without Saying a Word - Mark Bowden, 2010