Title: Functional and Resource Assessment

Exercise Code: SLINTEGRA010

|  |  |  |
| --- | --- | --- |
| Modules: | Group size: | Duration: |
| 6. Problem Solving Strategies | Small group | 45 - 60 min |

# Purpose:

* Understand what are the skills, resources and behaviors needed to plan/support our (ones) goals. Support strategically thinking and diversity of possible.
* Understand the importance of bringing sensitivity and awareness to all interaction (people with mental disabilities, etc.)
* To enhance the importance of Community-based programmes

# Description:

* Break into small groups.
* Each group will use the following scenario:

Peter wants to get a job as a math teacher. He has not been in school for several years. He always enjoyed algebra and any math class that he has taken. He completed several general education requirements prior to his first hospitalization. Currently he is living with roommates. His living situation is crowded, with not much privacy or quiet. He is attending the self-help center activities on a regular basis and feeling positive about starting back in school. He is concerned about the fact that he hears voices when he is in new surroundings and when he is feeling stressed. Harry is hoping that you can assist him in achieving his goal.

**Discussion:**

* From the information that you have been given, what skills and behaviors are needed

for Peter to become a math teacher?

* What resources are already in place?
* What resources may be needed?
* What information is necessary, but may be missing in the information given here?

**Presentation of posters and Conclusions.**

# Material:

paper, pencil, colored pens

# Methods:

Case study, discussion, mind mapping

# Advice for Trainer:

To have basic knowledge and skills in group dynamics.

# Source/Literature:

Adapted from CASRA , 2002. Introduction to Psychosocial Rehabilitation. (Sonja Bercko, 2009. Rehabilitation Handbook. Integra Institute.

# Handouts: /