Reflection

OPPOSITES OR DIVERSITY?

Understand differences in roles, attributions, attitudes

Description

Participants move around the room accompanied by music.

As soon as the music stops the trainer “separates” the room with her/his arms:

 participants on the one side are assigned one role,

 participants on the other side are assigned a contrary role with the task to get into contact with the other side non-verbally.

Possible roles: Men – women Handicapped people – not handicapped people From Austria – not from Austria Female boss – male secretary Children – grown-ups Female doctor – male doctor Mother with child – father with child Various professional groups Etc.

Notes

Good exercise that offers opportunity for participants to slip into roles they normally don’t have.

Material enough space for all participants to walk around

Timeframe 15 minutes