Reflection

ONE DAY IN THE FUTURE

Anticipate individual future, realize differences of female and male life designs by discussing individual ideas of the future

Description

Plenary - imagine this is the year 2025. It is Monday...

 What is your day going to look like?

 Write down key words what you do, hear, see and how you are spending the day.

Small groups/pairs:

 Tell each other about your phantasies.

 Consider how your imagination is connected with your socialization as a woman, as a man and with the gender subject.

 Compare how you comply with today’s reality.

 Which feelings, thoughts does the comparison arise in you?

Notes

This exercise supports creativity, inspires motivation to look ahead and design one’s own life actively and supports goal-definition.

Material paper and pens to take notes

Timeframe 30 – 40 minutes