**SOCIAL LITERACY EXERCISE FORMAT**

1. Module (title and number):
2. Exercise name: **Negative Words Vocabulary**
3. Purpose: list and name the negative words we are using in daily life in conversations with others; to become aware how we are using language in less supportive way; to have and create an vocabulary; there are many individuals who have no words (descriptors) for our feelings
4. Duration/Time frame: n.a.
5. Participants: n.a.
6. Group size: individual and /or small group
7. Material: paper, pencil, color cardboard
8. Methods: mind mapping, poster, …
9. Description:
10. Advice for Trainer:
11. Source/Literature: Bercko Sonja. 2011. Psychosocial Rehabilitation Brochure. Integra Institute
12. Handouts :
13. Contributor (partner): Integra Institute – Sonja Bercko