Title: **Paraphrasing Us**

Exercise Code:

|  |  |  |
| --- | --- | --- |
| Modules: | Group size: | Duration: |
| 1. Social Learning4. Professional Integrity  | Small groupLarge group | 15 min |

# Purpose: To increase the level of understanding

# Description: Generalization is the process by which a variety of experiences and elements of the same meaning is associated, and this is very useful to take decisions quickly, without analyzing every single detail before acting when a similar input is given. This may become a limit when we expect something from our interlocutor, without checking that is what they actually want to communicate. The paraphrase or rewording, which is the exposure of the contents of our conversation partner with our words, it's a good tool that allows us in a short time to check our level of understanding.

# Material: 2 chairs, 1 desk

# Methods: The exercise is done in the following way:

# The group will split into pairs;

# in each pair there is a subject "A" that sits behind the desk and a person "B" who sits in front of "A";

# "A" will listen a 5 minutes story that "B" tells;

# "A" rewords what "B" said, taking care not to repeat verbatim what was said;

# "B" will verify from time to time if the paraphrase reflected what he/she meant;

# After five minutes "A" will change role with "B";

# when the exercise is over, participants will discuss and compare on the perceived outcome of the communication.

# Advice for Trainer:

# Source/Literature:

# Handouts: